

Glen Rock Middle School Health Office  
600 Harristown Rd.  
Glen Rock, N.J. 07452  
201-445-7700 ex: 8920  
Fax: 201-389-5048

## Scoliosis screenings will begin in Mid May

Dear Parent/ Guardian:

**By law, every New Jersey board of education must provide biennial scoliosis screening for students ages 10-18.** The purpose of the screening is to detect signs of spinal curvature at its earliest stages so the need for treatment can be determined. Most cases of spinal curvature are mild. Early detection can prevent the development of severe deformity which can later affect the health and appearance of the child.

The procedure is simple. The school nurse will look at the student's back while he/she stands and then bends forward. It is necessary for the entire back to be visible during the screening process. Boys must remove their shirts. Girls must remove their tops and must wear a bathing suit, two-piece bathing suit top or a bra. Students in grade 7 will be screened **separately and individually.**

You have the option of being present at the screening, but you must request in writing that you wish to be present.

Thank you for your cooperation. If you have any questions please do not hesitate to contact me at the number or e-mail address above.

Sincerely,

Stephanie Nerney, RN, CSN

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If your child is currently under active treatment for a spinal problem, or if you would rather not have your child screened, please complete and return this form to the school nurse. *If you want your child to be screened in school, it is NOT necessary to return this form.*

Name of student: \_\_\_\_\_

\_\_\_\_\_ Currently under treatment for a spinal problem.

\_\_\_\_\_ **I do not want my child screened for scoliosis in school.**

Date: \_\_\_\_\_ Signature of Parent: \_\_\_\_\_